



KIJIMEA™

IBS

A Medical Food for the Dietary Management of IRRITABLE BOWEL SYNDROME AND ITS SYMPTOMS

About Irritable Bowel Syndrome (IBS)

IBS is one of the most widespread disorders in industrialized countries. It is characterized by chronic digestive problems that can be annoying or can even be a great physical and psychological burden for patients. IBS patients suffer from diverse symptoms such as constipation, diarrhea, abdominal pain, flatulence, bloating, and urgency. Many IBS patients only experience one symptom. Others suffer multiple symptoms, which may occur in alternation or even simultaneously. In addition, IBS can significantly impair patients' quality of life. If you believe you might have IBS, you should consult your physician for a professional diagnosis.

The Kijimea™ Difference

Kijimea™ IBS is a medical food for the dietary management of Irritable Bowel Syndrome (IBS). Kijimea™ IBS contains the unique bifidobacteria strain B. Bifidum MIMBb75. This bacteria strain

has been clinically proven to significantly reduce IBS and its symptoms and to simultaneously improve IBS patients' quality of life.¹ Please note that individual results may vary.

Clinical Experience

In a double-blind, placebo-controlled study, Kijimea™ IBS significantly reduced the global assessment of IBS symptoms compared to placebo. Kijimea™ IBS also significantly improved the IBS symptoms digestive disorder, abdominal pain and discomfort, distension and bloating, and urgency. A substantial part of patients reported a significant or complete relief of IBS symptoms. In addition, the study has shown a significant gain in quality of life. Kijimea™ IBS was well tolerated.¹

Directions

The usual adult dosage is 2 capsules once a day taken at mealtime. Swallow capsules whole with sufficient water. We recommend taking Kijimea™ IBS capsules for at least four weeks. In



our clinical study, the first positive effects were shown after about one week.¹ Like all medical foods, Kijimea™ IBS should only be used under medical supervision.

Ingredients

Kijimea™ IBS contains the unique bacteria strain B. Bifidum MIMBb75.

The other ingredients are: corn-starch, hypromellose, magnesium stearate, silicon dioxide, titanium dioxide.

Kijimea™ IBS does not contain any preservatives, sweeteners, flavoring agents, lactose, or gluten. It also does not contain any gelatin.

Side Effects and Drug Interactions

Kijimea™ IBS has no known side effects and no known drug interactions.

If you experience any unexpected reaction after starting Kijimea™ IBS, you should always report this to your physician so that the symptom may be evaluated in the context of your general health history.

Warnings

Please keep Kijimea™ IBS out of reach of children. Before use in children, consult a physician to determine if Kijimea™ IBS is appropriate for use in children. If you are pregnant or breastfeeding, ask a physician before use. Do not use if capsule blister unit is open or torn.

Storage

Kijimea™ IBS should be stored in a dry place and below 77 °F. If stored under these conditions, the product is guaranteed through “Best by” date indicated on the package.

Allergen Status

Kijimea™ IBS does not contain any lactose or gluten. It also does not contain any traces of egg, milk, peanuts, tree nuts, shellfish, fish, soy or wheat.

Package Sizes

Kijimea™ IBS is available in two packaging sizes:

Package Size	UPC
14 Capsules	864617000309
56 Capsules	864617000316

More information

For more information on Kijimea™ IBS, please call 1-917-732-2235.

Made in Italy
Manufactured for Kijimea Inc.
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Canada
Kijimea™ IBS is protected by
U.S. patent NO US 9,408,879.

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¹ Reference: Guglielmetti et al. Aliment Pharmacol Ther. 2011 May;33(10):1123-32